

THIS
MAGAZINE
PAYS FOR
ITSELF!

✓ GET INSTANT SAVINGS ON OVER 60 GREAT PRODUCTS

all you

Ideas * Tips * Life with a Reality Check

Issue 6, June 26, 2009

DROP 7 POUNDS IN 7 DAYS!

A safe, smart
plan to jump-start
weight loss

LOVE YOUR HAIR!



- ✓ Tame frizzies
- ✓ Pump up volume
- ✓ Protect color

HEALTH REPORT

End accidents!
Easy cures for incontinence

Enjoy Summer...for less!

OVER
\$112.00
WORTH OF
COUPONS

HIGHEST
TOTAL
\$\$\$\$
EVER!



✓ **FREE** booklet
inside packed with
coupons

Feel-good food



- Serve the family dinner for under \$10
- Make a Father's Day feast he'll love

Affordable style

- Find a flattering bathing suit
- Update your makeup



Your money

- Slash your energy bills



Classic
lemonade
& 45 other
low-cost
recipes

www.allyou.com AOL keyword: All You
\$2.49US

0 74470 10170 3 06>

Give Dad the perfect present

Father's Day
gift guide

1 Reel him in

Tell him he's a catch with this fishing lure key chain.

Key chain, \$5; nycitylimit.com.

2 Stay on time

This water-resistant watch comes with multiple settings and alarms that can help keep Dad running on schedule.

Ironman watch, Timex, \$27; overstock.com.

3 Make a card shark happy

His Friday night game will be even more fun with this personalized deck, which features a color photo on the reverse of each card.

Playing cards, \$21; [kodak gallery.com](http://kodakgallery.com).

4 Let the sun shine

Thanks to this solar-powered radio, Dad can hum a tune and shrink his carbon footprint at the same time.

Solar radio (3½" W x 2¼" D x 3" H), Kikkerland, \$22; agears.com.

5 Get his attention

Keep a gadget lover organized with paper-clip and pushpin containers, which have magnetic lids for easy access.

Paper clip and pushpin holders, OXO, \$5 each; at Staples.

6 Grab a hammer

He can handle basic home repairs—or crack open a beer!—with this dual-purpose tool.

Hammer bottle opener, DCI, \$10; perpetualkid.com.



Father's Day gift guide

7 Be prepared

This 28-piece knife set includes a variety of blades so Dad can take on any household chore. **Knife and blade set, Kobalt, \$18; at Lowe's.**

8 Relive school days

Give these classic, academia-inspired ties—in preppy stripes or charming polka dots—the old college try. **Ties, \$15 each; thetiebar.com.**

9 Practice putting

Turn downtime into green time with this fun and functional doorstop—golf ball included. **Doorstop, NPW, \$22; spoon sisters.com.**

10 Put the wind in his sails

Help Dad keep his cool with a modern-looking fan; the head adjusts 180 degrees up and down. **Flippi fan (7" H), \$25; vornado.com.**

11 Tackle tasks

Handy dads are sure to appreciate this set of Phillips and flat-head screwdrivers, essential for repairing glasses, watches, cell phones and more. **Precision screwdriver set, Kikkerland, \$9; spoonsisters.com.**

12 Carry on

This insulated six-pack tote is a smart and stylish way to bring along refreshments. **Bottle tote, Picnic Time, \$20; target.com.**

13 Take the plunge

Dad will feel cool and comfortable in these lightweight, quick-drying shorts, available in a rainbow of colors and prints. **Supplex Sport cargo shorts and Supplex Classic Sport shorts (blue shorts, far right), \$23 each, sizes S-XXL; llbean.com.**



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